

Dave is our go to guy if you need impressions for foot orthotics

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One of the key aspects of our treatment at the Hruska Clinic is addressing any and all factors that may be influencing “WHY” our patients have the issues they have. Whether that is looking at more whole body movement patterns, or the influence other body parts have on those movement patterns, we feel strongly this method of treatment gives us the ability to give the best results for our patients. One main issue that we look at is how your feet and ankles influence your gait patterns, as this can be a major factor in our patient’s ability to maintain their PT programs results. We will address this by looking at and recommending ideal footwear with our annual [SHOE LIST](#) or, if necessary, utilizing specific custom foot orthotics for those with more specific needs. [Dr Paul Coffin](#) is a podiatrist from Sioux City, Iowa who has been making [PRI orthotics](#) for our patient for many years and still comes and sees patients at the Hruska Clinic once a month. PRI orthotics are designed not just to treat foot problems but to change the way muscles are recruited from the foot to the hip (and higher) through subtle changes in the biomechanical alignment at the foot and ankle joint. This methodology of orthotic construction that Dr. Coffin has utilized is consistent with our treatment philosophy and is why we have partnered with him for so many years.

Dave Drummer, one of our Physical Therapists, has been taking orthotic impressions for Dr Coffin for over 10 years. Dave’s understanding of the human body and PRI philosophy, along with his ability to take impressions and communicate with Dr Coffin, gives us a great tool to utilize for our patients. Any impression that Dave takes is specifically done in a way to gain all the needed information in terms of foot impression in the correct biomechanical foot alignment, with the appropriate objective measurements and pictures to get an orthotic manufactured by Dr Coffin that allows us to have great success. If you need a PRI orthotic our team can get you what you need.