

Jason will be presenting at the upcoming NATA convention

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Prevention of Movement Patterned Conditions Beyond Competitive Years: Asymmetrical Movement Pattern Considerations

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Jason will be presenting at the upcoming NATA convention on "Patterned Conditions Beyond Competitive Years: Asymmetrical Movement Pattern Considerations." His talk will be the first day on June 25, 2019. He will be presenting on how asymmetrical patterns of movement affect athletes after their competitive years. If you are there and attend his talk you just may learn about how a race car is engineered to optimize performance and how it correlates to the human body.